

## 2<sup>nd</sup> Stakeholder Meeting – 7<sup>th</sup> October 2022 – Dortmunder U- Round table discussions

### 1. Policy perspective

- Moderation by Martina Brandt and protocol by Anna Lorenzen
- What are lessons for political actors
  - Considering support of relatives of people who use formal care services, as they often additionally provide care
  - Create services for caregiving relatives
    - Flexible (online, mobile, on site)
    - For specific target groups
    - Provide information and opportunities at an early stage
      - Creating awareness about contact points
- What further questions did arise:
  - Which groups use which services and to what extent?
  - Detailed information for Germany
  - What is the situation like for relatives of people using inpatient care?
  - Are there examples of best practice, maybe also from other countries?
  - To what extent are country differences due to policy and to what extent to cultural norms?
- Which reporting formats
  - Policy briefs
  - Easily accessible format
    - Podcasts?

## 2. Practice perspective

- Moderation by Robert Heidemann and protocol by Nanke Bechthold
- What are the lessons for practice?
  - Needs-oriented support, i.e. services according to needs that arise in the care situation.
  - However, services should be easy to access (low threshold) and the addressing of needs-oriented support should be advertised for specific target groups.
    - Pay attention to cultural particularities
    - BUT: challenge of bringing suitable formats to the addressees if they do not recognise their own needs.
      - Importance of appropriate communicative strategies to address people with needs (de-stigmatisation)
        - Campaigns to support caring relatives (together with health/care insurers or state actors)
        - Flexible counselling services (inpatient, outpatient)
    - Cooperate with political actors for maximum reach and sustainable funding
      - Enables a professional framework to appropriately facilitate and value voluntary work.
- Which reporting formats?
  - Short reports
  - Ideally as background information on specific case studies or best practice examples